

Email subject line: We need increased mental health funding for all Canadians, now

Dear [*insert representative's name*],

Over the last several years, governments at different levels across the country have made investments in mental health services, supports and programs for their respective communities. I am writing to you today because despite all of this clear progress in putting mental health, mental illness and addictions on political agendas across Canada, there is still unfinished business.

It's time for the federal government to take action. In order to effectively implement all mental health strategies and plans that have been adopted across Canada over the last two decades, all governments must:

- Increase the proportion of health spending devoted to mental health from 7% to 9%.
- Increase the proportion of social spending devoted to mental health by 2% from current levels.

Knowing this, my question to you is: what is your party doing to support increased funding for mental health, mental illness and addiction programs and services? And what is your party's funding commitment to the mental health of Canadians?

It is my hope that one day all Canadians will enjoy a guaranteed right to a range of evidence-based mental health services that are provided just like any other medically-necessary services. Sincerely,