

Workshop Dates:

April 21 & 22, 2010
8:30 AM to 4:30 PM daily

Location:

Murchison Center (15 St. Pius X Ave.)
Intersection of St. Peter's & St. Pius X Ave.
Charlottetown, PE

Cost:

\$150.00 for the two-day workshop
• includes nutritional breaks
• lunch is on your own

Registration:

Due to limited space we cannot reserve seating. Seats will be confirmed on a first come first serve basis, upon registration. To register, please complete the attached registration form and send it with your check or money order to:

CMHA/PEI Division
178 Fitzroy Street
P.O. Box 785
Charlottetown, PE
C1A 7L9

- * **Payment must accompany registration form.**
- * **Sorry, no invoicing or refunds.**
- * **Credit/debit card payments can be made at our Ch'town office, in person only - not over the phone.**
- * **If registering after April 1, please phone about seat availability.**
- * **Receipts will be available on the first day of training.**

For more information contact:
CMHA's Suicide Prevention Coordinator
Phone: (902) 628-3669
suicideprevention@cmha.pe.ca
www.cmha.pe.ca

ASIST Workshop

Applied Suicide Intervention Skills Training

Canadian Mental Health Association/P.E.I. Division is hosting a 2-day **Applied Suicide Intervention Skills Training (ASIST) Workshop** for community caregivers.

The emphasis of the ASIST Workshop is on suicide first-aid, on helping a person at risk to stay safe and to seek help further. With this in mind, participants learn to recognize opportunities for help, to reach out and offer support, to estimate risk of suicide and to apply a model for suicide intervention, linking people to the appropriate resources based on that risk assessment.

Working with caregivers of varying backgrounds, ASIST participants often include: workers in health, social services or justice, counselors, teachers, clergy, mental health practitioners, emergency personnel and people concerned about family or friends. The interactive program includes teaching, discussion, DVDs and skills practice.

Participants' feedback indicates that the workshop increases caregivers' knowledge, comfort and confidence to respond to a person at risk of suicide. Upon completion, participants receive a certificate for 14 accredited hours of ASIST training.



Canadian Mental Health Association
Prince Edward Island Division

ASIST Registration Form (Payment must accompany registration)

Name: _____

Occupation: _____ Organization: _____

Address: _____

Phone: _____ Fax: _____

Email: _____